

For the use of Registered Medical Practitioner or Hospital or Laboratory only

Rx

*Rejuvenate the Vibes*

# Menovibe™

Vitamins, Minerals, Omega-3, Isoflavonoids and Natural extract

**A balanced formula to support during & after Menopause**



## Description:

Menovibe is a Vitamins with minerals and isoflavanoids Tablet, containing 26 essential vitamins, minerals & antioxidants to support during and after Menopause. It meets the recommended values of essential nutrients for menopause.

## Composition :

	Label Claim	**% RDA
Omega 3 Fatty acids	DHA 200 mg, EPA 50 mg	#
Magnesium Oxide Light	100 mg	16.30 %
Soy Isoflavones	100 mg	#
Panax Ginseng Extract	50 mg	#
Green Tea Extract	50 mg	#
Lignans	50 mg	#
L-Ascorbic acid	40mg	61.53 %
Niacin	18 mg	100 %
Ferrous Fumarate	17 mg	19.26 %
Zinc Sulphate monohydrate	12 mg	33.18 %
Vitamin - E	10 mg	100 %
Pantothenic acid	5 mg	100 %
Betacarotene	4 mg	#
Manganese Sulphate monohydrate	2 mg	16.25 %
Pyridoxine HCL	2.0 mg	83.30 %
Riboflavin	1.60 mg	84.20 %
Thiamine	1.40 mg	100 %
Copper Sulphate Pentahydrate	0.9 mg	18.94 %
Folic acid	200 mcg	90.90 %
Potassium Iodine	150 mcg	0.001 %
Vitamin K	55 mcg	100 %
Selenium	40 mcg	100 %

Chromium	35 mcg	70.00 %
Biotin	30 mcg	75.00 %
Cholecalciferol	10 mcg	66.66 %
Cyanocobalamin	1.0 mcg	45.45 %

**\*% RDA calculated based on 2000 Kcal diet for adults.**

**\*\*% RDA Calculated based on ICMR RDA 2020.**

**# RDA values not established.**

### **Indications:**

For providing relief from the multiple menopausal symptoms like hot flashes, night sweats, headaches, sleep disorders.

### **Dosage & Direction for use:**

One softgelatin capsule daily, or as directed by physician. Do not exceed the recommended daily usage.

### **Special Precautions and Warnings:**

Green tea is contraindicated in conditions like anxiety disorders, heart conditions, diabetes, diarrhea, seizures, glaucoma, irritable bowel syndrome (IBS), liver disease and weak bones (osteoporosis). Isoflavonoids should be cautiously used in people who are allergic either to any isoflavonoids or any ingredient in the formulation.

### **Overdose:**

No data of overdose is currently available.

Immediately consult a healthcare facility or physician in case of accidental overdose.

### **Drug Interactions:**

Lignans moderately interact with medicines that slow down the clotting and increase the chances of bruising and bleeding.

## Contraindications:

Omega 3 fatty acids may contain inactive ingredients (such as peanut/soy), which can cause allergic reactions or other problems. Magnesium Oxide should be cautious used in cases of allergies, Patients suffering from kidney disease; heart disease; nausea, vomiting; intestinal blockage.

## Shelf Life:

Best before 24 months from the date of manufacture. Refer product label for manufacture date.

## Presentation:

In a box containing 1X10 capsules.

## Storage:

Store in a cool & dry place, below 25 °C. Protect from light and moisture. Keep out of reach of children.

## References:

- 1.[ncbi.nlm.nih.gov/30056356](https://pubmed.ncbi.nlm.nih.gov/30056356)
- 2.[ascopubs.org/doi/10.1200/JCO.2009.21.3629](https://ascopubs.org/doi/10.1200/JCO.2009.21.3629)
- 3.[ijcmr\\_1331\\_march\\_32.pdf](#)
- 4.[ncbi.nlm.nih.gov/pmc/articles/PMC5713750](https://pubmed.ncbi.nlm.nih.gov/pmc/articles/PMC5713750)

™ Trademark

Marketed by:



Manufactured by:

**Softgel Healthcare Pvt. Ltd.,**  
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